

CURRICULUM MAP

KEY STAGE 1

In key stage 1 we focus on the core skills required to become a physically literate student such as catching, throwing, jumping and balancing, children will develop these skills through various sports, gymnastics, dance and games for two hours every week.

KEY STAGE 2

In years 3-6 pupils will begin to use the core skills they have already developed in key stage 1 through sports such as Cricket, Football, Rounders, Basketball, netball, Tennis, gymnastics, dance and Tag Rugby.

Term	Winter	Spring	Summer
REC and KS1	Basic skills -throwing, catching, balancing and movement through games and dance	Basic skills -throwing, catching striking, balancing and movement through games.	Basic skills -using skills previously learned and begin to use them in games and sports
KS2	Children will build and develop their skills set by playing sports. Basketball, Tag rugby, Football and Sports hall athletics	Children will build and develop their skill set by playing sports. Tennis, Netball, Dodgeball, King ball and Hockey	Children will build on their skill set by playing sports. Cricket, Rounders, Outdoor Athletics and Sports day games